

PERSONAL PROTECTIVE EQUIPMENT SIZING CHART

HEIGHT	WEIGHT												
0	100-110	111-120	121-130	131-140	141-150	151-160	161-170	171-180	181-200	201-210	211-270	271-320	321-UP
4'0	LG	LG	LG	LG	LG	LG	XL	XL	XL	2X	3X	4X	5X
4'2	LG	LG	LG	LG	LG	LG	XL	XL	XL	2X	3X	4X	5X
4'4	LG	LG	LG	LG	LG	LG	XL	XL	XL	2X	3X	4X	5X
4'6	LG	LG	LG	LG	LG	LG	XL	XL	XL	2X	3X	4X	5X
4'8	LG	LG	LG	LG	LG	XL	XL	XL	XL	2X	3X	4X	5X
4'10	LG	LG	LG	LG	LG	XL	XL	XL	XL	2X	3X	4X	5X
5'0	LG	LG	LG	LG	LG	XL	XL	XL	XL	2X	3X	4X	5X
5'2	LG	LG	LG	XL	XL	XL	XL	XL	XL	2X	3X	4X	5X
5'4	LG	LG	XL	XL	XL	XL	XL	XL	XL	2X	3X	4X	5X
5'6	LG	LG	XL	XL	XL	XL	XL	XL	2X	2X	3X	4X	5X
5'8	XL	XL	XL	XL	XL	XL	XL	2X	2X	2X	3X	4X	5X
5'10	XL	XL	XL	XL	XL	XL	XL	2X	2X	2X	3X	4X	5X
6'0	2X	2X	2X	2X	2X	2X	2X	2X	2X	3X	3X	4X	5X
6'2	2X	2X	2X	2X	2X	2X	2X	2X	3X	3X	3X	4X	5X
6'4	3X	3X	3X	3X	3X	3X	3X	3X	3X	3X	3X	4X	5X
6'6	3X	3X	3X	3X	3X	3X	3X	3X	3X	3X	3X	4X	5X
6'8	3X	3X	3X	3X	3X	3X	3X	3X	3X	4X	4X	4X	5X
6'10	3X	3X	3X	3X	3X	3X	3X	3X	4X	4X	4X	4X	5X
7'0	4X	4X	4X	4X	4X	4X	4X	4X	4X	4X	4X	5X	5X
7'2	4X	4X	4X	4X	4X	4X	4X	4X	4X	4X	5X	5X	5X
7'4	4X	4X	4X	4X	4X	4X	4X	4X	5X	5X	5X	5X	5X
7'6	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X
7'8	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X	5X

BOOTIES				GLOVES				
Average Shoe Size				Weight				
0-8	8.5-9.5	10-11.5	11.5-15	100-120	121-140	141-170	171-210	211-UP
LG	XL	2X	3X	7	8	9	10	11