

Bug-Out-Bag



Build a check list of things to do before you leave the house if you have the time, things like: Shut off the gas, trip the main breaker, shutdown the computer and put the external hard drive in a waterproof bag. There are items listed below that may not be allowed in a government shelter (*). Put those items in one of your contractor bags, make a label with your duct tape and put your contact information on it with your sharpie. You MIGHT get them back. The quantities of some items below are for a single person, several items (*italic*) should be multiplied by the number of persons that you are Bug-N-Out with. If Bug-N-Out with a family the *italic* items could be in a separate bag for one or more to carry. Before it's too late, convert and backup family videos and pictures to an external hard or flash drive that you can take with you.

- *Drinking Water (3 Liters) One liter minimum, per day*
- Collapsible Water Bottle
- Hard Water Bottle
- Metal Water Bottle / Canteen
- Water Filters / Purification Systems
- Water Purification Tablets (Qty 3)
- *Protein / Energy Bars (Qty 6)*
- *MREs / Dehydrated Meals (Qty 3)*
- *Sporks (metal)*
- P-38 Can Opener
- *Working Gloves*
- *Rain Poncho*
- Ignition Source (Qty 3)
- Tinder (Qty 3)
- Waterproof Storage (assorted sizes)
- First Aid Kit
- Insect Repellent
- *Mylar Survival Blanket*
- Wet Napkins
- Hand Sanitizer
- All-Purpose Camp Soap
- Hygiene/Signal Mirror
- Small Pack Towel
- Survival Knife
- Multi-Tool
- * Machete
- * Hatchet
- *LED Headlamp*
- Mini LED Keychain
- Light Glowstick (Qty 3, 12hr.)
- *LED Light*
- Candles
- Batteries
- Cell Phone
- *FRS radio (short range, in shelter)*
- Crank Power Charger
- Solar Charger
- Emergency Radio with Hand Crank
- \$ Small Bills
- Quarters (Qty 8)
- Local Area Map
- Compass
- Small Note Pad / Pencil
- Emergency Whistle
- 550 Parachute Cord (100')
- *Cotton Bandana*
- Duct Tape (min 25' silver)
- 55 Gal. Contractor Garbage Bag (Qty 5)
- Re-sealable Bags (Qty 5, Various Sizes)
- *Sunglasses*
- *N95 Face Mask*
- Condoms (Non-lubricated)
- Binoculars (Optional)
- * Collapsible Shovel
- Waterproof bag for External hard drive
- Black sharpie
- *Toiletries (tooth brush/paste, toilet paper, comb/brush, shaving supplies, etc)*
- Feminine products
- Dental Floss
- Super Glue
- Warm clothes and comfortable shoes/boots
- * *Pepper Spray*
- *Blankets and pillows*
- *Cold and pain meds*